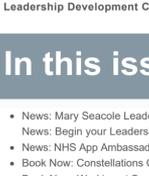




## Embracing Change

Change, an all too familiar word the in NHS landscape which is forever evolving and developing. But also a word which is the foundation of our work, new beginnings and journeys. This foreword is my farewell as I move on from the LLA into a new role. I reflect back on my time here over the past three years. I have had the pleasure to meet countless inspirational NHS staff with passion and drive to make positive change happen by developing themselves and others.

I am in awe of their dedication, and what an inspiration their stories and successes have been. I have had the privilege to work with colleagues at the LLA who are exemplary leaders who will continue to inspire me and I am so proud of the work they do and thankful I was able to be a part of it. As I look forward to my new chapter, I take with me a lesson of embracing change which is a path to growth and new adventures. I wish you all success on your journeys.



With best wishes,  
**Ljubica Pilja**  
Leadership Development Co-ordinator

## In this issue...

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- News: Begin your Leadership journey on the Edward Jenner Programme
- News: NHS App Ambassador
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- Book Now: Working at Scale: A strategic skills programme for Practice Managers

## Latest News

### ConneX - Accessing Coaching and Mentoring



ConneX is our Coaching and Mentoring register, where you can register as a Coach, Coachee, Mentor, Mentee and/or Facilitator.

If you would like to receive coaching or mentoring, do register as a Coachee or Mentee. Post registration, you will be able to browse through profiles on ConneX and choose whom you wish to work with. If you would like to provide coaching or mentoring, please register as a Coach or Mentor.

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### Healthcare Leadership Model



Do you enable your team to share ideas, even if there's a risk the ideas might not work? The Healthcare Leadership Model is a free and helpful way to understand your own leadership behaviours and highlight areas for development. Download it today for FREE.

[DOWNLOAD PDF](#)

### Mary Seacole Leadership programme for community pharmacy



We're working with The Centre for Pharmacy Postgraduate Education in England to offer fully funded places on the Mary Seacole Programme to those working in community pharmacy and the Health in Justice pharmacy workforce. Applications for our cohort in London is now open. More information can be found via the link below.

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### Begin your Leadership journey on the Edward Jenner Programme



Are you beginning your leadership journey? Our Edward Jenner programme helps you develop the necessary knowledge & skills to be the best leader you can be. If you're new to health and care or an aspiring leader, this is your introduction to healthcare leadership. Find out more via the link

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### Launch of the "Excellence in Supporting Healthcare" on-line certificate

Enabling our non-clinical workforce to better support clinicians

Our Healthier south east London STP and the Practice Manager Association have launched the 'Excellence in Supporting Healthcare' certificate (ILM accredited) The first e-learning course of its kind, it offers a comprehensive training programme for our non-clinical workforce, an untapped resource at a time when workload from an ageing population with increasingly complex care needs is overwhelming clinical capacity.

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### The Grey Area- decoding inclusion

*"We cannot afford to treat 'Inclusion' like it's the latest fad or buzzword. It's time to step into the grey and explore what the internal and external challenges people are facing. It's time to redefine power, rewrite mindsets and reset systems"*

Spearheaded by Hira Ali and Cherron Inko-Tariyah The Grey Area is a project aiming to help decode inclusion and foster healthier work environments where anyone can progress should they choose to. You can include your voice by completing [the survey](#)

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### UCL Partners announce two programmes to support PCN Development

The **Integrated Care Development Programme** is designed to equip frontline staff with practical skills to work effectively in multidisciplinary teams focusing on personalised integrated care across the traditional boundaries of health and social care.

The **Clinical Directors Development Programme** is designed to support the newly appointed Clinical Directors of PCNs with the skills, tools and understanding to successfully take forward the leadership of these new Primary Care organisations.

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### NHS App Ambassador



Keith Whitburn, Leadership Development Programme Manager has been chosen to join the NHS App ambassador team. Ambassadors are members of NHS staff who represent a wide range of settings, professions and locations. He will be an advocate for the app and remain passionate about the possibilities it brings, as well as having a wider understanding of how digital technology can improve care and people's experiences of the NHS. Find out more information via the link below

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### Return to Work Mentoring programme

This programme supports the journey of those who require flexibility in their working lives. We are offering the opportunity to attend an experimental learning event to learn more about Return to Work Mentoring.

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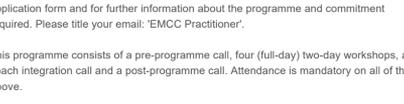
### Graduate Management Training Scheme - NOW OPEN



The GMTS programme is now ranked #5 in the Times 100 and applications for award winning programme is now open. We're now recruiting across all six disciplines (Finance, General Management, Health Analysis, Health Informatics, Human Resources, Policy & Strategy). For further information this can be found via the GMTS website below.

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### Developing outstanding leadership in primary care



Everyone working in primary care can benefit from leadership development. Whatever your role, download our e-book to find out more.

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### Black History Month Celebrations 2019

Last month we celebrated Black History Month, celebrating and acknowledging black leaders who made an influential difference. We also celebrate the Windrush Generation who we know contributed to the NHS 70 years ago.

Follow the link to our website and read more about the events which took place across some of our NHS Trusts.

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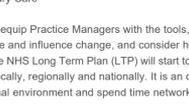
### Rosalind Franklin Programme - NOW OPEN



The Rosalind Franklin programme is for clinicians or managers leading from the middle of health and care systems, aspiring to lead large and complex programmes, departments, services or systems of care. This programme will encourage participants to ask, and answer, fundamental questions that will support them to become an outstanding leader. Find out more information or click to apply for a place below.

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### Express your interest now - EMCC Coach Practitioner programme 2020



In the new year, we will be running the ever popular EMCC Coach Practitioner programme. If you are keen to train as a coach for us, please contact us for an application form and for further information about the programme and commitment required. Please title your email: 'EMCC Practitioner'.

This programme consists of a pre-programme call, four (full-day) two-day workshops, a coach integration call and a post-programme call. Attendance is mandatory on all of the above.

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## Book Now

### Unpacking Power

**Date:** 3 December 2019  
**Time:** 09:00 to 16:30  
**Venue:** Jurys Inn London Holborn, 50-60 Southampton Row, London, WC1B 4AR  
**Target Audience:** Leaders Across Health and Social Care

Are you interested in speaking about power openly? We are delighted to be running this workshop again, facilitated by Dr Mark Cole. Power is either bracketed off from our organisational settings. In most instances, however, it is either bracketed off from our workplace understanding and discussions or it is pointedly disregarded, despite its obvious influence on our day to day experience. Come and explore the whole notion of power in depth, how it both shapes and is shaped by every one of us in work.

[BOOK NOW](#)

### Constellations CPD

**Date:** 04 December 2019  
**Time:** 13.00 to 16.30  
**Venue:** TBC - Central London venue  
**Target Audience:** ConneX Coaches & Mentors

Often coachees bring an issue that involves relational dynamics within their team or department. This session introduces the aspects that influence the coachee's system & how they may be made visible, understood and worked with in a transparent way.

Coaches will learn the components of the systemic mapping technique as well as how to use it as a dynamic resource during coaching sessions. The session will involve a mix of didactic teaching, practice coaching sessions and experiential exercises

[BOOK NOW](#)

### Working at Scale: A strategic skills programme for Practice Managers

**Date:** 12 December 2019  
**Date:** 9 January 2020  
**Date:** 13 February 2020  
**Date:** 16 April 2020  
**Date:** 30 April 2020  
**Time:** 09:00 to 16:30  
**Venue:** TBC - Central London venue  
**Target Audience:** Primary Care

This programme aims to equip Practice Managers with the tools, skills, strategies and networks to lead, manage and influence change, and consider how Primary Care Networks (PCNs) and the NHS Long Term Plan (LTP) will start to shape the way healthcare is delivered locally, regionally and nationally. It is an opportunity to step away from your busy operational environment and spend time networking and sharing best practice.

[BOOK NOW](#)

### PCN Development Programme

**Date:** 13 January 2019  
**Date:** 24 February 2020  
**Date:** 10 March 2020  
**Date:** 16 April 2020  
**Date:** 30 April 2020  
**Time:** 09:00 to 16:30  
**Venue:** TBC - Central London venue  
**Target Audience:** Primary Care

A multi-disciplinary leadership programme to translate vision into impact.

This new and innovative Programme aims to equip PCN leaders with the understanding, tools, skills, strategies, networks and time to develop and deliver an engaging PCN vision and purpose. The Programme provides PCN leaders with the opportunity to learn from and with Network colleagues, building the confidence, community and capabilities to shape the way healthcare is delivered locally and regionally.

[BOOK NOW](#)

### Nice is not Enough CPD

**Date:** 21 January 2020  
**Time:** 09:30 to 17:00  
**Venue:** Room 25, Stewart House, 32 Russell Square, WC1B 5DN  
**Target Audience:** ConneX Coaches & Mentors

Coaches are often very good at support but more uncomfortable with challenge.

This interactive workshop will explore the subject of challenge in coaching and enable you to identify what holds you back from challenging your coachees in an appropriate and effective way. It will help you identify your own 'script' around support and challenge as well as reflecting on different approaches to challenge.

There will be co-coaching opportunity to explore our own stretch around this topic.

[BOOK NOW](#)

## Join In

To join our different leadership networks please click on the icons below. You can also request coaching, mentoring or 360 facilitation to help support you on your leadership journey.



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