



## Celebrating Black History Month

As we go into the month of October, we acknowledge Black History Month a day to celebrate the history and achievements of black people across the UK. We remember the Windrush Generation many of whom contributed to the National Health Service. There will be several events taking place across London to mark Black History Month so enjoy them.

On the 17th October we will be holding our Building Leadership for Inclusion Event **'Building a More Inclusive London'** this day will give you an opportunity to learn more about our inclusion strategy and hear from the voices of the lived experience and enjoy some taster workshops.

Later on in the day our Black History Month Event **'The Windrush Generation and the NHS'** will take place. We hope to see you at these events!

Whilst raising awareness on Black History Month at all levels it also to promote Race Equality in the workplace. It is important to eliminate discrimination and nurture the talents of all individuals regardless of their ethnicity.



With best wishes,  
**Samantha Hosten**  
 Leadership Development Co-ordinator

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## Latest News

### ConneX - Accessing Coaching and Mentoring

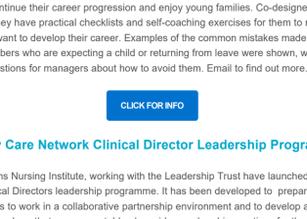


ConneX is our Coaching and Mentoring register, where you can register as a Coach, Coachee, Mentor, Mentee and/or Facilitator.

If you would like to receive coaching or mentoring, do register as a Coachee or Mentee. Post registration, you will be able to browse through profiles on ConneX and choose whom you wish to work with. If you would like to provide coaching or mentoring, please register as a Coach or Mentor.

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### Healthcare Leadership Model



Do you enable your team to share ideas, even if there's a risk the ideas might not work? The Healthcare Leadership Model is a free and exciting opportunity for individuals and team leadership behaviours and highlight areas for development. Download it today for FREE.

[DOWNLOAD PDF](#)

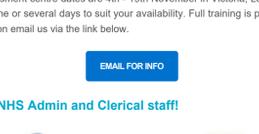
### Edward Jenner Programme



The Edward Jenner programme is your first port of call if you're looking to build a strong foundation of leadership skills that can help enhance your confidence and competence in your role. If you want to feel more able to deal with the daily challenges of working in healthcare, better equipped to care for patients, lead services and provide leadership for those around you, the Edward Jenner programme is for you.

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### Managing Parental Leave: Toolkits for Parents and Managers



LWLN have partnered with **Leaders Plus** to produce toolkits to support parents who want to continue their career progression and enjoy young families. Co-designed with parents, they have practical checklists and self-coaching exercises for them to reflect on how they want to develop their career. Examples of the common mistakes made with team members who are expecting a child or returning from leave were shown, with tips and suggestions for managers about how to avoid them. Email to find out more.

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### Primary Care Network Clinical Director Leadership Programme

The Queen's Nursing Institute, working with the Leadership Trust have prepared their PCN Clinical Directors leadership programme. It has been developed to launch participants to work in a collaborative partnership environment and to develop as excellent leaders, that are accountable alongside membership practices for the successful delivery of PCN services to the local population in the wider integrated healthcare system. To find out more visit the QNI website.

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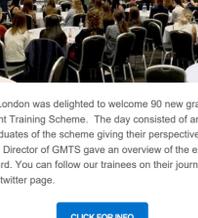
### Flexible working in the NHS



In National Inclusion Week LWLN was delighted to have a flexible working event with **FlexNHS**, **TimeWise**, **Mother Pukka** and Eve Russell (NHSE/ People Directorate). Colleagues came from across the country to share their experiences and success stories to start to work together to promote flexible working to help improve recruitment and retention, address the gender pay gap, improve diversity and inclusion, and make the NHS the best place to work as set out in the **People Plan**.

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### GMTS Assessors Required



We are looking for assessors to support our November assessment centre for the March 2020 NHS graduate intake. If you are a Band 7 or above we would welcome your support. Assessment centre dates are 4th - 19th November in Victoria, London. You can volunteer for one or several days to suit your availability. Full training is provided. For more information email us via the link below.

[EMAIL FOR INFO](#)

### Calling all NHS Admin and Clerical staff!



#### Calling all NHS Admin & Clerical Staff

Would you be interested in sharing your personal experiences of healthcare leadership with the NHS leaders who are participating in our learning programme?

As part of their leadership development, our participants are asked to consider the impact leadership can have on the lives of staff, carers and patients. Your story could become a powerful part of their learning.

Register to become an 'Experience of Care Partner' and share your experiences of the NHS. To find out how you can get involved and share your story, click below:

[CLICK FOR INFO](#)

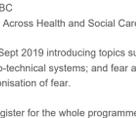
### HOPE European exchange programme



We're pleased to be sponsoring the Hospitals of Europe (HOPE) European Exchange programme again in 2020! This is a unique and exciting opportunity for individuals and organisations to understand the challenges of a healthcare system outside the UK. Applications for participants and for hosting organisations for the 2020 programme will be open until 31st October 2019. Click below for further information.

[CLICK FOR INFO](#)

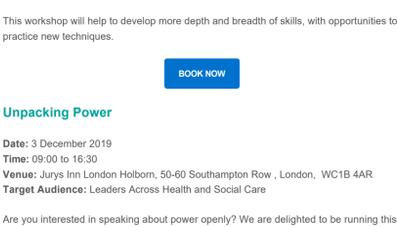
### University of Westminster Guest Speaker



The LLA's own Leadership Development Co-ordinator, Eren Behget had the honour of being a guest speaker at the University of Westminster whereby he was invited to share his own experiences of being a student on the BSc Psychology programme.

Eren graduated 3 years ago and was delighted to have had the opportunity to give back and to inspire a new generation of leaders in healthcare.

### Welcome to the GMTS 2019 Cohort



On 30th September, London was delighted to welcome 90 new graduates on the 2019 Graduate Management Training Scheme. The day consisted of an overview of the programme by ex graduates of the scheme giving their perspective of life in the NHS whilst Ali Mohammed, Director of GMTS gave an overview of the expansion of the scheme moving forward. You can follow our trainees on their journey via the [@NHSGradScheme](#) twitter page.

[CLICK FOR INFO](#)

## Book Now

### How hostile are our working environments? - A joint LLA and ODNE event

**Dates:** 16 October 2019  
**Time:** 09.30 to 16.00  
**Venue:** TBC - Central London Venue  
**Target Audience:** Open to All

On 16 October 2019, we are co-sponsoring a day meeting here in Central London with our colleagues in ODNE. It offers an opportunity for organisation development (OD) practitioners to come together to explore the workplace as a hostile environment.

The LLA has thirty places to offer on the session, which will involve contributions from Kate Grimes - who was previously an NHS CEO - and Tara Humphreys, who recently blogged about her research into toxic environments in primary care.

[DOWNLOAD PDF](#)
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### Black History Month Event - The Windrush Generation and the NHS

**Dates:** 17 October 2019  
**Time:** 16.30 to 19.30  
**Venue:** UCLH Education Centre, 1st Floor West Wing, 250 Euston Road, London, NW1 2PG  
**Target Audience:** Open to All

We invite you to join us in celebrating Black History Month and learn more about the arrival of the Empire Windrush. Historian David Olusoga will share his knowledge of the Windrush Generation and the thousands of NHS workers that came from the Caribbean. Last year we celebrated 70 years of the NHS, let's celebrate the rich history of black and minority ethnic nurses that have worked in the NHS.

There will be refreshments and a chance to Network at the end.

[BOOK NOW](#)

### Somatic Coaching CPD

**Dates:** 17 October 2019  
**Time:** 09.30 to 16.30  
**Venue:** TBC - Central London Venue  
**Target Audience:** ConneX Coaches & Mentors

During this workshop, participants will be introduced to somatic coaching. A process that holds that the body and who you are, the self, are linked and by working through the body we can directly work with the self.

Somatic sees the body as the unified space in which we act, perceive, think, feel, sense, express emotions & mood. It holds our lived experience & defines our way of being in the world. Somatic coaching treats the body as a fundamental place of change, learning, & transformation.

[BOOK NOW](#)

### Building a More Inclusive London

**Dates:** 17 October 2019  
**Time:** 09.30 to 16.00  
**Venue:** Holiday Inn, Regents Park Carburton Street, London, W1W 5EE  
**Target Audience:** Open to All

We are pleased to announce our BLFI Conference **'Building a More Inclusive London'**.

Are you passionate about social justice and inclusion within the NHS? Are you an inclusive leader, or trying to be? Do you want to find out more about how we can build a more inclusive London? Join us on the 17th October from our guest **Martin Griffiths** the newly appointed **Clinical Director for Violence Reduction for the NHS**.

We hope you join can us.

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### Designing Caring Economies

**Date:** 23 October 2019  
**Time:** 09:00 to 17:00  
**Venue:** TBC - Central London Venue  
**Target Audience:** Leaders Across Health and Social Care

In complex and complicated systems it's all too easy to feel stuck and disempowered.

Join us in this one day Masterclass if you want to make things better! We will explore together how we can design care across organisations and at the whole health and care economy level. Through case studies and drawing from your own experiences, you will create design principles, explore how governance can be designed, and apply key system design tools. There are limited places, so book early to avoid disappointment.

[BOOK NOW](#)

### Masterclass programme from the Bayswater Institute

**Dates:** 13 November 2019 - **Fear Analysis & Mindful Stories**  
**Time:** 09:00 to 17:00

**Date:** 11 December 2019 - **Reflection & Evaluation Half-Day Event**  
**Time:** TO BE CONFIRMED - (booking link not yet available)

**Venue:** Central London - TBC  
**Target Audience:** Leaders Across Health and Social Care

This programme started in Sept 2019 introducing topics such as: the implicit and the explicit task of groups; socio-technical systems; and fear analysis, to help with understanding of the weaponisation of fear.

You we're encouraged to register for the whole programme, however, it is possible to register for the two individual sessions remaining.

[DOWNLOAD INFO PDF](#)
[BOOK NOW - Fear Analysis & Mindful Stories](#)
[TBA - Reflection & Evaluation Half-Day Event](#)

### Gestalt Coaching cpd

**Dates:** 14 November 2019  
**Time:** 09:30 to 16:30  
**Venue:** TBC - Central London Venue  
**Target Audience:** ConneX Coaches & Mentors

The aim of this CPD workshop is to give Coaches more confidence and competence to use more of the 'inner game' by developing and practicing new techniques. This will include a background to the Gestalt approach to coaching and will explore Gestalt experiments to help coaches to discover what's getting in the way, or holding them back from better performance.

This workshop will help to develop more depth and breadth of skills, with opportunities to practice new techniques.

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### Unpacking Power

**Dates:** 3 December 2019  
**Time:** 09:00 to 16:30  
**Venue:** Jurys Inn London Holborn, 50-60 Southampton Row, London, WC1B 4AR  
**Target Audience:** Leaders Across Health and Social Care

Are you interested in speaking about power openly? We are delighted to be running this workshop again, facilitated by Dr Mark Cole. Power is a permanent presence in organisational settings. In most instances, however, it is either bracketed off from our workplace understanding and discussions or it is pointedly disregarded, despite its obvious influence on our day to day experience. Come and explore the whole notion of power in depth, how it both shapes and is shaped by every one of us in work.

[BOOK NOW](#)

### Constellations CPD

**Dates:** 4 December 2019  
**Time:** 13:00 to 16:30  
**Venue:** TBC - Central London venue  
**Target Audience:** ConneX Coaches & Mentors

Are you interested in speaking about power openly? We are delighted to be running this workshop again, facilitated by Dr Mark Cole. Power is a permanent presence in organisational settings. In most instances, however, it is either bracketed off from our workplace understanding and discussions or it is pointedly disregarded, despite its obvious influence on our day to day experience. Come and explore the whole notion of power in depth, how it both shapes and is shaped by every one of us in work.

[BOOK NOW](#)

## Join In

To join our different leadership networks please click on the icons below. You can also request coaching, mentoring or 360 facilitation to help support you on your leadership journey.

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